Online Safety Newsletter March 2022

Poppy Playtime

Have you heard of Poppy Playtime? With chapter 2 just being released we thought it important that you're aware that whilst the name and characters suggest a playful game, **it is a survival horror game with graphics that may not be suitable for your child**. It includes characters such as 'Kissy Wissy' and 'Huggy Wuggy.' **Please view this game before allowing your child to play it as it may not be appropriate for them – particularly young children.**

Children may be playing the game or just watching videos of it on sites such as YouTube or playing replicated versions on Roblox for example.

Further information

The INEQUE Safeguarding Group have produced this informative briefing for parents and carers:

https://ineqe.com/2021/12/03/poppy-playtime-online-safety-review/

Smartwatches / Fitness trackers



Check what the smartwatch allows your child to do and if available, set appropriate restrictions. Talk to your child about the different settings and if you have, why you have set up the restrictions.

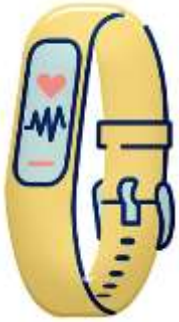
What are the risks?

- Some smartwatches allow you to take photos. It is important to talk to your child about appropriate behaviour when taking and sharing photos. Once a photo is shared, they lose control of it.
- Some smartwatches have internet access with the ability to download apps. You need to be aware of the potential of in app purchases and viewing upsetting content.

Depending on the brand of smartwatch, you may be able to set up parental controls for example to restrict content and prevent purchases. More information about Apple Watch parental controls can be found here: https://support.apple.com/en-gb/guide/watch/apd54d0a51fb/watchos

As always, ensure your child knows to talk to you or another trusted adult should they see anything inappropriate or that worries them whilst using their device.

Many schools discourage or do not allow the use of smartwatches – check your child's school Acceptable Use Policy as this will tell you if they are allowed in school.



Further information

- https://parentzone.org.uk/article/digital-family-basics-smart-watches-fitness-trackers
- https://www.internetmatters.org/resources/tech-guide/smart-toys-and-wearable-gadgets/#smart

Supporting young people with SEND online

The internet can be a great place, but we need to be aware of the risks involved with being online. For children with SEND, they may encounter further challenges and therefore additional support may be required. There is a lot of tailored information available to parents and carers and the following links are a great starting point:

- https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send/
- https://www.internetmatters.org/inclusive-digital-safety/advice-for-parents-and-carers/supporting-children-with-send/
- https://www.childnet.com/help-and-advice/supporting-young-people-with-send-online/

The above sites cover topics such as helping your child browse safely online, setting appropriate parental controls, activities to help discusssions about being online and the steps you can take to help protect your child online.

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date released 1.03.22.

Snapchat

What is Snapchat?



Snapchat is an app used for messaging and sharing photos and videos. **You must be 13+ to sign up.** Users can send messages (snaps) to others that can only be seen for a set time period e.g. 10 seconds. Users can also upload snaps to stories which then disappear after 24 hours.

What should I be aware of?

- **Who is your child friends with?** Talk to your child about who their 'friends' online are.
- **Group chats -** in a group chat there may be people that they're not friends with on the app who can then communicate with them in the group. This also increases their risk of interacting with strangers.
- **Snap Map -** The map lets users see where 'friends' are. Location sharing via the map is optional and is off by default (we recommend that it remains off).
- **Snapchat streaks -** Streaks count how many consecutive days two people have been sending Snaps to each other, this can increase pressure to respond daily.
- **Inappropriate content –** due to the nature of the app your child may come across content that is inappropriate.
- **Screenshots –** whilst Snaps disappear, users may take screenshots before they do, potentially resulting in them losing control of what they have shared as it could be sent to other people.
- **Bullying –** there is a risk of bullying on all platforms so please ensure your child knows how to block and report other users if necessary.
    - https://snap.com/safety/safety-reporting/
    - https://support.snapchat.com/en-GB/a/remove-block-friends

Safety tips

It is important to talk to your child regularly about what they are doing online and make sure that they know that they should always talk to you or another trusted adult if they have any concerns. **Please make sure the appropriate privacy settings are set up and your child knows how to block and report other users if necessary.**

We would recommend you explore Snapchat with your child and suggest why certain options are safer, for example, setting your account so only friends (rather than everyone) can see your content and only those you are friends with can contact you.

- https://support.snapchat.com/en-GB/article/privacy-settings2

Don't forget to talk to your child about **being kind online**, for example only posting positive comments, don't say anything they wouldn't say in real life and treat others as they would expect to be treated.

Apps for learning and having fun!

White Rose 1-Minute Maths
Currently aimed at Key Stage 1 pupils, and focuses on adding, subtracting and subitising.

Scratch Jnr
Children (ages 5-7) can learn important coding skills as they program their own interactive stories and games.



Wonderscope
Books come to life on your floor and you can play a part in the story! Wonderscope uses augmented reality to transform ordinary spaces into extraordinary stories. **1st book free but then in-app purchases.**

InShot - Video Editor
Great for creating your own movies! **Free but does have in-app purchases available.**

Top apps to get kids active:
A guide from internet Matters including lots of apps to get your child moving: https://drive.google.com/file/d/1pfhUEJEI8WpCCf-PCX3iZv7GY1wbRlBx/view

As with all apps, check their suitability for your child before they use it. Think about if it is appropriately aged for your child, how does the app use your data and does it have any communication channels within it for example?