



## Cumbria's Holiday Activity and Food Programme - Carlisle

### Book sessions in your area now!

- Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) for full details."

### Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit [cumbria.gov.uk/holidays](http://cumbria.gov.uk/holidays) to book winter holiday activities now!

### Available in Carlisle

#### Currock Villa ABC Boxing

**Description:** Introduction to boxing!

**Age range:** 5-15 years

**Dates:** 11 April to 14 April

#### Richard Rose Academy and Man United

**Description:** Wellbeing Camp - yoga, sports, crafts, sensory activities, egg hunt & garden project. Only open to Richard Rose Academy students.

**Age range:** 11-16 years

**Dates:** 4 April to 6 April

#### PINC

**Description:** Healthy Cooking, bowling, crazy golf, walks, team activities & art workshops!

**Age range:** 13-16 years

**Dates:** 4 April to 7 April



#### Rocket Theatre Group

**Description:** Drama, games, creating scenes, vocal warm-ups and much more!

**Age range:** 6-12 years

**Dates:** 4 April to 7 April

#### Carlisle Matters

**Description:** Trip to Talkin Tarn, cinema day at Harraby Theatre, a trampolining camp and a trip to Learning Forest in Longtown! (On different dates). See website for full details

**Age range:** 5-11 years

**Dates:** 4 April, 7 April, 11 April and 13 April



Department  
for Education

## Available in Carlisle

### Inglewood Infant School

**Description:** A multi activity holiday club for children aged 5-7 years providing a range of creative and playful activities such as science experiments, cooking and arts and crafts!

**Age range:** 5-7 years but will take siblings up to 11 years

**Dates:** 6 April, 7 April, 13 April and 14 April

### Pyjama Drama

**Description:** Join Pyjama Drama at Easter for games, drama, cooking and crafts. Meet new friends, learn lots and have lots of fun at the same time.

**Age range:** 5-8

**Dates:** 8 April, 9 April, 11 April and 16 April

### Cumbria Multi Cultural Forum

**Description:** Activities will include dance (Bollywood, Bharatnatyam, Salsa and hip hop), games, health and wellbeing and arts and crafts.

**Age range:** 5-7 years, 8-11 years and 12-16 years

**Dates:** 5 April to 8 April

### TP4C Churches Together

**Description:** Outdoor games, crafts and trampolining! (On different dates). See website for full details.

**Age range:** 5-16 years

**Dates:** 6 April, 8 April, 9 April and 12 April

### RV Projects

**Description:** Try out djing! Learn how to cue tracks, Eqing, Beatmatching and much more!

**Age range:** 5-11 and 11-16 years

**Dates:** 4 April to 8 April

### Stone Eden Nursery School

**Description:** Activities such as cooking, baking and forest schools. Day trips subject to availability to bowling, cinema and Vindolanda!

**Age range:** 5-11 years

**Dates:** 4 April to 8 April and 11 April to 14 April

### Morton Manor Activity Centre

**Description:** GLL will deliver a range of indoor and outdoor activities such as sports, arts and crafts and healthy eating.

**Age range:** 5-11 Years

**Dates:** 4 April, 5 April, 13 April and 14 April

### Carlisle Youth Zone

**Description:** Take part in a variety of different activities such as sports, climbing, arts and crafts, cooking, music and health and wellbeing.

**Age range:** 8-12 years

**Dates:** 6 April, 7 April, 13 April and 14 April

### Endorphins

**Description:** A wide range of fun filled activities that support positive emotional, mental and physical wellbeing. Arts and crafts, circus skills, drama workshops, dance sessions and much more.

**Age range:** 8-12 years

**Dates:** 7 April, 8 April, 13 April and 14 April

### Tullie House Museum

**Description:** Activities will include a treasure hunt, exploring arts, history and nature and decorate your own pace egg. Also includes a hot lunch involving food prep / recipe card presentation.

**Age range:** 7-11 Years

**Dates:** 4 April, 5 April, 13 April and 14 April

### GLL in the Community

**Description:** Mini Functation where children can take part in a number of different activities, such as sports, swimming, arts and crafts and health and fitness.

**Age range:** 5-11 years

**Dates:** 4 April to 7 April

### GLL in the Community

**Description:** Gymnastics camp- learn about balance, use small and large apparatus and try different gymnastic sports!

**Age range:** 5-11 years

**Dates:** 4 April, 5 April, 11 April and 12 April

### Sports Works

**Description:** Choose from Basketball, Archery, Football, Boxercise, Drama, Dance and Gardening. Inclusive for Individuals with special education needs.

**Age range:** 5-16 years

**Dates:** 6 April, 8 April, 11 April and 13 April

### Carlisle United Football Trust

**Description:** Carlisle United Football Club is offering Easter soccer camps for 5-12 year olds.

**Age range:** 5-12 years

**Dates:** 5 April to 8 April